





Yassine Jedir, France Solar Energy: Engineering& Economics, ESA23

"ESA and EUSAF bring together brilliant minds with global perspectives, interested in solving important issues."



Sati Cakar, Germany, Sociology, ESA23 and ESA24

"The students at ESA are interdisciplinary, diverse in background and level of education and as such a great representation for students all over Europe."



Alicja Tuliszka, Germany, Sociology, Politics and Administration, ESA24

"My experience at ESA24 in Strasbourg was a whirlwind of emotions and experiences. Finally meeting my fellow panellists in person after months of virtual collaboration was incredibly fulfilling."



Nicholas Argyros, Greece, Engineering, ESA24

"Coming from a frontier European country like Greece, I dream of seeing a Europe that pursues policy universally and cares more substantially for the good of countries at all points on the



Amanda Ivehammer, Sweden, Environmental Engineering Technology, ESA24

"We focused on formulating impactful policy recommendations for integrating biomedical advancements into healthcare. We believe these policies will further develop and make the healthcare systems in the EU more resilient."



Huy Bao Nguyen, Germany, Economical Psychology, ESA24

"Working on Panel 4 at ESA24 was a fantastic experience. Despite some stressful moments juggling our student lives, the bond we formed made it all worth it."



Alina Martjanova, Finland, International Business, ESA24

"The European Student Assembly brings together policymakers, professors, entrepreneurs, researchers, and students from across Europe."



Marten Bendick, Germany, Industrial Engineering, ESA24

"My greatest hope for Europe is its enduring unity. I firmly believe that the biggest advantage the EU has brought Europe is lasting #peace on the continent.



Maryam Bikdasji, Norway, Law, ESA24

"We are in a time where the world and the region need clear politicians who make wise choices in a turbulent time."







Vanna Curin, Italy, International Relations, ESA24

"We must work to reduce asymmetry in negotiations, avoid patronising and EU-centric rhetoric, and ensure enlargement is not just a narrative theme but a tangible reality."



Miklós Péter Papp, Austria, Finance, ESA24

"I have no words to describe such an amazing event as ESA24. It has been a pleasure to be part of this community of young people committed to the consolidation, improvement and expansion of the European project.



Salsa Putri Sadzwana Sihombing, Romania, International Relations and European Studies, ESA24

I took many inspirations from ESA24, especially from my fellow Panel members. I learned a lot of things from them in understanding the environmental policies and even specific terms in this subject that I have not heard of."



Monika Zimnoch, Poland, Law, ESA24

"During ESA24 I had been working on the problem of protecting cultural heritage in the context of climate change. I participated in many long debates on the subject and had an opportunity to hear about my colleagues' experiences."



Andrei Jonescu, Romania, Chemical Engineering and Biotechnology, ESA24

"Opportunities for the youth to grow, Stability and Collaboration at a Foreign Affairs Level is what opens my heart for Europe.'



Tiphaine David-Rogeat, France, Sociology, EUSAF24

"I discovered a beautiful network that inspires me. It really helps me with the European alliance vision and having new ideas to involve my alliance.



Anna Wagner, Germany, International Geography, ESA24 and EUSAF25

"I find it fascinating that so many different countries and people are trying to work together sometimes better, sometimes worse. But to be completely honest and maybe it's a cliché, but for me personally it's the privile



Alisia Gahabka, Germany, International Management and Sustainable Development, EUSAF25

"I am overwhelmed by the engagement of all student ambassadors – I have learned a lot from them and will come back with many ideas and best practices to anhance the children engagement of



Taja Ivanc, Slovenia, Geography, ESA24

"One of my favorite memories from ESA24 was finally meeting my fellow panelists in person after months of virtual collaboration. These interactions not only deepened our knowledge but also helped us build lasting connections and share insights that will resonate well beyond the event."







Alejandro Gutiérrez Ramos, Spain, Politics and Mangagement, ESA22

"As a Spaniard I have experienced how the EU has helped to transform my country socially and economically, also giving back the inspirational values of an open and diverse society that thrives in pro-European values."



Laure-Anne Thomas, France, International Business Management, ESA23

"Being able to discuss and debate in the same seats as real European deputies was a privilege and I think we honored it pretty well."



Aleksandra Rozmus, Poland, Political Science, ESA24

"The debate about this recommendation was heated, but well-mannered, constructive and considerate. I am glad I was able to make an impact by being a part of the 3rd ESA edition."



Ihtesham Ud Din, Belgium, Marketing, EUSAF24

"I'm inspired by the passion and dedication of my fellow ambassadors and look forward to working together to promote stronger inter-alliance collaborations."



Mathilde Chaumont, Netherlands, International Relations, EUSAF24

"EUSAF24 was my first opportunity to meet with student representatives from different alliances, which gave me a perfect opportunity to realize that we all face similar issues and need to collaborate to address them."



Elizaveta Shashkova, France, Sciences in Aerospace Engineering, ESA22

"The space sector has always fascinated me for its unifying power — it requires collaboration across nations and disciplines, bringing together diverse perspectives to achieve something extraordinary. Europe embodies these values of cooperation and diversity, and I hope to see it further strengthen its position as a leader in the global — and perhaps even interstellar — space domain."



Karina Volokhovych, Spain, Law, ESA23

"I would like to see Europe continue to make progress in all aspects, economic, technological, social.. Defending the main values, rights, which are becoming more and more complicated, and to remain strong."



Vladimir Ercegovic, Croatia, Doctor of Medicine, EUSAF24

"The event highlighted how interconnected our challenges are and the importance of collaboration to address them. I left with a deep sense of purpose and hope that EUSAF will continue to grow as a space for innovation and



Jarno Meul, Switzerland, Industrial Product Design, ESA24

"What always fascinates me is seeing how much we get done if we stick our heads together. We have such a wide and unique range of cultures in Europe which provides so many different views and solutions to a problem. And the challenge of creating solutions that benefit all these parties really gets me going!"







Alexandra Soulioti, Greece, Maritime Shipping Law and Management, ESA22

"Collaborating with students from across Europe broadened my vision of digital governance and strengthened my belief in the power of inclusive and well-informed policymaking."



Rad Stanislawiak, France, Information and Communication, EUSAF24

"EUSAF 2024 in Warsaw was incredible! I have maintained strong connections with the EUC network and student ambassadors, and I share best practices across our various EU university alliances."



Lea Maria Schiebe, Norway, Ecology and Environmental Management, ESA24

"For me the most important takeaway was to get out of your own bubble more often. We can only solve such diverse problems when we are working together in a diverse team and listen to each other."



Claire Grard, France, EU Law, ESA22

"The recommendations from our panel at ESA have been drafted until the very last moment with an impressive ultimate focus and the importance of each word chosen, as in the reality of a democratic panel. I can remember that I was so proud of the result of this huge collective intelligence seen during the plenary session and all the previous monthly work of the students."



Viktoriia Simakova, Austria, Science in Engineering, EUSAF24

"The atmosphere at EUSAF felt open and collaborative, like everyone genuinely wanted to build something better together. I left with new ideas, new friends and this warm feeling of "okay, we're not alone in this". Would absolutely recommend to anyone who loves a good mix of inspiration and action!"



Heloise Zilotti, Portugal, International Relations, EUSAF24

"EUSAF24 went beyond my expectations—it became a community. I know I can rely on these connections to foster a multicultural and European exchange of ideas."



Thomas Kowalewski, France, Medicine, ESA24

"I'm taking with me the enthusiasm and motivation of more than 250 participants who are determined to get involved and contribute to the life of the EU."



Sumedh Sonavane, Germany, Industrial Business Management and Innovation, ESA25 and ESA26 Advisor

"When it comes to drafting policy recommendations, make it personal. Speak from your truth. Use your own thoughts, your lived experiences, your perspective. Don't rely on Al or generic phrases; your real voice is powerful."



Jolie Albrecht, Germany, Teaching, ESA25

"For me, ESA 2025 facilitated a profound sense of European unity across all participants, hope for a brighter future led by motivated young Europeans, and inspiration to never not give voice to what really matters."







